

August 6, 2018

Dear CMS Students and Parents,

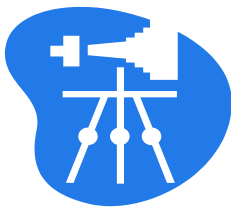
The staff and I are very excited to invite you and your family to our ***Back to School Orientation!*** This is a great time to pay fees, have your picture taken for the Student ID card/lunch card/yearbook, pick up your class schedule and find out where your classes will be before school starts!

**Eighth Grade Orientation will be August 20<sup>th</sup> between the hours of 9:00 a.m. – 3:00 p.m.**

**Seventh Grade Orientation will be August 22<sup>nd</sup> between the hours of 9:00 a.m. – 3:00 p.m.**

**Athletics:** Any student wishing to play a sport must have a **physical**, an **ASB** (Associated Student Body) **card \$20**, and the necessary **insurance** in order to participate. Sports packets are available in the office.

**If you cannot make either scheduled date**, our office will be open August 20 – August 30 to pay fees and pick up your child's schedule. However, Lifetouch will not return to CMS for student pictures until Tuesday, September 11<sup>th</sup>.



***School Pictures:*** School pictures will be taken during Orientation for new and returning students. Even if you don't plan to purchase pictures, **ALL** students **MUST** have their photo taken for student identification cards and the yearbook. Students will need their ID cards each day when they go through the lunch line and in the library. Each card has a barcode that your student will "swipe" which creates a faster lunch line. Please come dressed appropriately (school dress code) for school pictures. Pictures must be taken in order to obtain your schedule. Picture packets are available on-line at [mylifetouch.com](http://mylifetouch.com) and they will also be available at orientation. Please look for an e-mail with further Lifetouch information.

Please bring your completed **Pink Health Form** to Orientation. If you have any questions about Orientation Day, feel free to call our office beginning August 13<sup>th</sup> from 8:00-3:00 p.m. We have a wonderful office staff that will be happy to assist you! You may also visit our school web site at <http://www.swsd.k12.wa.us>.

We look forward to seeing you on Orientation Day!

Laura Davis  
Principal

## **Important Dates and Upcoming Events:**

**September 4 – First Day of School** School begins at 7:39 and is dismissed at 2:15 each day.

**August 13 – 30** Office is open daily from 8:00-3:00 p.m.

**September 6 – CMS Open House** 6:00-7:30 p.m. *This is your opportunity to drop in and meet all your student's teachers.*

**September 7 – School Dance** \$5 for all 2:30-4:30 pm

**September 10 – Cross Country and Girls Soccer** begins after school

**September 11 – Lifetouch** makeup pictures (for students who have not had their picture taken)

**October 16 – Picture** retakes (for students who have purchased a picture packet)

**October 22 – Boys Basketball** begins

**November 2 – End of First Quarter**

**November 8 – CMS conferences**

**Wednesday Late Start Days** – For the 2018-2019 school year, each Wednesday will start one-hour late for staff professional development, except Oct. 24 and Nov. 21. On late start Wednesdays, school buses will operate on their regular route, but will pick up students one hour later than normal. Breakfast will be served every day of the week including Wednesdays.

**Bus Transportation** – Our transportation department can provide specific bus route information and times. Please call (360) 855-3504 for details.

**Applications for Free/Reduced meals** for the 2018-2019 school year will be available on the Sedro-Woolley School District website. To access the application go to [www.swsd.k12.wa.us](http://www.swsd.k12.wa.us) then click on Departments, Food Service, Meal Applications. If you are familiar with Family Access, the information will be there as well. Please return completed applications by mail to 801 Trail Road, Sedro-Woolley, WA 98284 or in person to 780 Cook Road. If your student was on the free/reduced meal program for the 2017-2018 school year, you have **20 school days** to reapply before your benefits expire. **You may also pick up or turn in applications on Orientation Day in the cafeteria.**

**Please note:** Ala carte purchases can be made if a student has funds in their lunch account. To restrict ala carte purchases, please call the Food Services office at (360) 855-3508.

## **Online Discipline System & Auto-dialer:**

CMS uses an online discipline/attendance system with automated phone calls home each time a student receives a discipline referral or has an unexcused absence. Parents can view their child's discipline and attendance history in Family Access, along with grades, lunch account balances and other information. Parents can pick up their Family Access password at orientation or from the office.

## **Cell Phones/iPods, etc.**

**Telecommunication device:** Cell phones, iPods etc.

**During the school day (7:20am-2:15pm) all telecommunication devices must be turned off and may not be used by students. Cell phones, iPods, MP3 players etc. must not be carried in a visible manner or on the student's person, and should be kept out of sight in a purse, book bag, etc. Items cannot be kept in the pocket of pants, coats, etc.** Not only are these devices a potential distraction to the classroom environment, but the technology available makes it possible to photograph and send copies of tests to other students, text message answers to test questions to other students, and otherwise compromise the integrity of our teacher's assessments and grading of student learning. There is no reason that a student should need a cell phone during the regular school day. In any instance requiring an emergency communication with a student, our school will immediately assist the student, a parent, or other responsible adult with that situation by using a school telephone.

## **CMS Dress Code and School Shopping Guidelines:**

School dress standards set a tone that impacts the learning environment. Students are expected to wear **appropriate clothing for all school functions**. Dress standards for school differ from what students might wear to the beach or on the weekends. Clothing that directly or indirectly advertises gangs, guns or violence or suggests the use of drugs, alcohol, tobacco products or which attracts undue attention is considered disruptive to the educational process and therefore may not be worn. Administrative decisions will be final. These guidelines must be followed:

- ☞ An adequate coverage of the body is required. Halter-tops, midriff shirts or shirts exposing the stomach, cleavage, low cut, backless or see through shirts are not permitted. Tank top straps must be two inches wide. Open-sided tank tops are not allowed without a t-shirt or tank top underneath. No exposed skin on sides of torso is allowed. Clothing should not be altered to expose skin.
- ☞ All undergarments must be covered at all times and may not be worn as outer clothing. This includes bra straps, boys' and girls' underwear or boxers.
- ☞ Clothing should not be worn that is marked or decorated with illustrations of tobacco, alcohol, drugs, sexual innuendo, word or phrases that are vulgar or obscene or promote behaviors that violate school conduct standards. This can include "gang" colors or identifying clothing (i.e. ICP garments) if the students are acting in ways that display a gang mentality.
- ☞ As a general rule, skirts/shorts should reach mid-thigh in the front and the back and be no shorter than 2 inches below the finger tips with arms extended to the sides,
- ☞ Bandanas, hairnets, do-rags are not permitted. Hats are permitted in all common areas, but are at teacher discretion in the classroom.
- ☞ Clothing that does not "fit" is not permitted, i.e. "saggies," "slouchies," or other extremely oversized clothing. Pants must be worn at the waistline. Excessive sagging or baggy pants are not allowed at school.
- ☞ Spiked jewelry, chains and spiked belts are not allowed. Belts must not hang down.

**We ask that parents support this process. Students violating the dress code will be required to obtain a change of clothes from home or wear a shirt provided by the school. Students will also be issued an on-line discipline infraction for multiple offences or failure to correct dress code issues.**

# Cascade Middle School

## 7<sup>th</sup> Grade Fees and 8<sup>th</sup> Grade Fees


Heart Rate Monitor Strap	\$18
Art Fee	\$ 5
PE Shirt	\$ 5
PE Shorts	\$ 8

**Cash and checks are accepted, but we cannot process debit or credit cards.**



The CMS **PE uniform** is optional. Students will be required to change out of their school clothes into appropriate PE clothing during PE classes.

The **heart rate monitor strap** will be used at CMS and SWHS as part of the PE curriculum.

<b><u>Yearbook</u></b>	<b>\$30</b>
<b><u>Required Fee For Athletics</u></b>	
ASB	\$20
	
<b><u>Mandatory Fee for Band/Choir/Orchestra</u></b>	
Performing Arts Fee	\$15

<b><u>Lunch Fees:</u></b>	
Daily Lunch	\$ 3.25
Monthly Lunch	\$ 65.00
Reduced Daily Lunch	.40
Reduced Monthly Lunch	\$ 8.00
Milk	.60
Daily Breakfast	\$ 2.00
Daily Breakfast-Reduced	Free

**Be prepared on the first day of school! Have your backpack filled with all the essentials for participation and organization. You will need your supplies on the first day of school. Please plan ahead so you have enough school supplies to last all year long!**

- 3 ring binder (3" or larger) with 7 dividers
- Lots of College rule notebook paper to last all year
- Pen & Pencil Pouch (preferable that it attaches in binder)
- Lots of #2 pencils and Blue or Black pens (at least three dozen or more to last all year)
- Personal headphones or earbuds **7<sup>th</sup> grade** (very important – will use in all classes)
- Highlighters
- Multi-color package of dry-erase markers for AVID classes
- Spiral Notebooks - 8<sup>th</sup> - 2 (2 Hi-Cap)  
7<sup>th</sup> - 3 (2 Hi-Cap, 1 Wellness)
- Composition notebooks - 8<sup>th</sup> – 6 (1 English, 1 Math, 2 Science, 2 History)  
7<sup>th</sup> – 4 (1 English, 1 Math, 1 Science, 1 Social Studies,
- 5 function calculator for all Math classes

**Optional**

- Scientific Calculator
- Colored pencils and/or markers
- Glue sticks
- Post-It notes

\*\*Sharpies and other permanent markers are not allowed at school.