

HOTLICKS

Courtesy of
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DAILY 4-MALLET WARMUP

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Transpose through all 12 keys. Play the exercise twice through, leading the chromatic line with mallets 2 and 3 the first time and mallets 1 and 4 the second time. Rehearse with a metronome to keep the "chord" on the beat in the second half.

Mallet 1 or 2

The first system of the exercise is in 6/8 time. The right hand (treble clef) plays a series of six chords, each consisting of a dotted quarter note followed by an eighth note, with a beam over the eighth notes. The chords are: C4-E4-G4, C4-E4-G4, C4-E4-G4, C4-E4-G4, C4-E4-G4, and C4-E4-G4. The left hand (bass clef) plays a chromatic line of eighth notes: C3, D3, E3, F3, G3, A3, B3, C4, D4, E4, F4, G4, A4, B4, C5.

The second system of the exercise continues the chromatic line in the left hand. The right hand continues with the same six chords as in the first system: C4-E4-G4, C4-E4-G4, C4-E4-G4, C4-E4-G4, C4-E4-G4, and C4-E4-G4.

Mallet 3 or 4

The third system of the exercise continues the chromatic line in the left hand. The right hand continues with the same six chords as in the first system: C4-E4-G4, C4-E4-G4, C4-E4-G4, C4-E4-G4, C4-E4-G4, and C4-E4-G4.

The fourth system of the exercise continues the chromatic line in the left hand. The right hand continues with the same six chords as in the first system: C4-E4-G4, C4-E4-G4, C4-E4-G4, C4-E4-G4, C4-E4-G4, and C4-E4-G4.

HEAR A MIDI FILE OF THIS EXERCISE AT HOTLICKS ONLINE BY VISITING WWW.PAS.ORG